

HerArouse

Comprehensive Antioxidant
Support for Women's Vitality*

HerArouse is formulated to promote longevity and health in women and helps to moderate symptoms of menopause, support healthy bone density, increase energy, support mood, and enhance libido.*

How HerArouse Works

HerArouse contains Cordyceps Cs-4 known to have a wide range of therapeutic properties related to longevity, energy, and vitality.*^{1,2} Clinical applications demonstrate the many active constituents of cordyceps help promote healthy libido, support healthy bones, and promote balanced moods.*^{1,2}

A proprietary blend combines the potent anti-inflammatory, antioxidant and free radical scavenging properties of three species of roots—*Angelica gigas*, *Phlomis umbrosa*, and *Cynanchum wilfordii*.^{3,4,5} Individually they are known for having exceptionally high contents of phenols and flavonoids.*^{3,4,5}

Vaccinium macrocarpon, commonly known as cranberries, are included for their high number of phenolic compounds and antioxidant effects that support a healthy female urinary tract.*^{6,7}

The lipophilic polyphenol substance of curcumin found in turmeric root also supplies potent therapeutic benefits as an antioxidant and anti-inflammatory.*⁸ Perhaps lesser known is the antioxidant potency and free radical scavenging capacity of Norway spruce knot wood extract.*⁹ Calcium fructoborate and indole-3-carbinol provide additional antioxidant and anti-inflammatory properties to support women's health and wellness.*^{10,11}

Rounding out the powerfully potent ingredients contained in HerArouse are flax hull lignans known for their bio-active components and hydrogen-donating antioxidant activity.*¹² Flax hull lignans are rich in alpha-linolenic acid, omega-3 fatty acid, and phytochemicals that combine to help support easing menopausal symptoms.*¹²

HerArouse Supplementation

The ingredients in HerArouse are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting women's health and vitality.*

Clinical evidence and research cited herein shows that the ingredients in HerArouse may:

- Support overall women's health and well-being*
- Support healthy female libido*
- Support healthy bone density*
- Promote increased energy*
- Support balanced moods*



Form: 60 Capsules

Serving Size: 2 Capsules

Ingredients	Amount	%DV
HerArouse Blend	1,175 mg	*
Cordyceps (<i>Paecilomyces hepiali</i>) mycelia extract [standardized to 7% cordycepic acid], Herbal (<i>Angelica gigas</i> , <i>Phlomis umbrosa</i> , and <i>Cynanchum wilfordii</i>) root extract (Femina Plus™), Cranberry (<i>Vaccinium macrocarpon</i>) fruit extract (PACran®) [standardized to 1.5% proanthocyanidins], Turmeric (<i>Curcuma longa</i>) rhizome extract (Longvida™) [standardized to 23% total curcuminoids], Indole-3-Carbinol, Calcium Fructoborate (FruiteX-B®), Norway spruce (<i>Picea abies</i>) knot wood extract (HMRlignan™) [standardized to 90% lignans], and Flax Hull Lignans.		

Other Ingredients:

Hydroxypropyl methylcellulose.

Femina Plus™ is a trademark of Helios Corp.

FruiteX-B® is a registered trademark of FutureCeuticals.

HMRlignan™ is a trademark of Linnea Inc.

Longvida® is a registered trademark of Verdure Sciences Inc.

PACran® is a registered trademark of Naturex.

Directions:

Take two capsules once or twice daily with food, or as directed by your healthcare practitioner.

Caution: If you are taking medication, including anti-coagulants or anti-platelets, or have a bleeding disorder, consult your healthcare practitioner before use. Keep out of reach of children.

Warning: Do not use if pregnant or nursing.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

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