



Cape Aloe

Support for Healthy Digestive Function*

Cape Aloe is a bioactive vegetarian formula for supporting healthy digestive function.* Since ancient times, the aloe plant has been used as a traditional folk remedy in South Africa and may have the world's longest recorded history of use.¹ When taken internally, aloe may help maintain proper bowel function.*² The Cape Aloe plant contains a number of anthraquinones that exhibit phytochemical activities which may support laxative and detoxifying effects.*^{3,4}

How Cape Aloe Works

The Cape Aloe plant (also known as *Aloe ferox*) contains over 130 active biological compounds that combine to create the synergistic effects of aloe.⁵

The inner gel of the Cape Aloe plant produces latex which contains anthraquinones. Anthraquinones work as stimulant laxatives, increasing intestinal motility.*^{6,7}

Anthraquinones are believed to increase the amount of fluid in the colon, helping to stimulate colon contractions and induce defecation.*⁶

Along with eating a diet high in fiber, Cape Aloe may help support a healthy digestive tract through increased motility.*

Cape Aloe Supplementation

The ingredients in Cape Aloe are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy bowel movements.*

Research suggests that the ingredients in Cape Aloe may support:

- Healthy digestive function*
- Healthy elimination function*



Form: 100 Capsules

Serving Size: 1 Capsule

Ingredients	Amount	%DV
Cape Aloe Leaf (<i>Aloe ferox</i>)	450 mg	*

Other Ingredients:

Microcrystalline cellulose, hypromellose, vegetable magnesium stearate, silica.

Directions:

Take one capsule before bed as needed or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



References:

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2. Wintola OA, Afolayan AJ. *Pharmacogn Mag.* 2011;7(28):325-333.
3. Cosmetic Ingredient Review Expert Panel. *Int J Toxicol.* 2007;26 Suppl 2:1-50.
4. Gherbon A et al. *Medicine (Baltimore).* 2021;100(50):e28336. doi:10.1097/MD.00000000000028336.
5. Nema J et al. *Int J of Chem,* 2013;3:44-8.
6. Portalatin M, Winstead N. *Clin Colon Rectal Surg.* 2012;25(1):12-19.
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