

NutriDyn®

Cardio Flow

Nutritional Support for Heart, Vascular,
and Endothelial Function*

Cardio Flow Supplementation

Cardio Flow provides nutritional support for healthy endothelial function by promoting healthy vasodilation.*¹ By releasing nitric oxide, the endothelium relaxes the vascular smooth muscle cells in vessel walls.² Endothelial dysfunction results in the inactivation of nitric oxide and loss of vascular tone.^{3,4}

Key benefits of Cardio Flow include:

- Promotes endothelial health*
- Promotes heart health*
- Promotes vascular health*
- Promotes healthy inflammatory markers*

How Cardio Flow Works

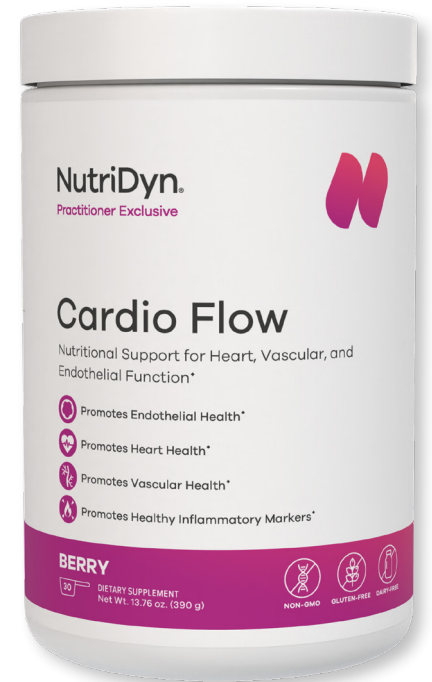
The proprietary BioFolate® formula in Cardio Flow helps support homocysteine levels critical for healthy endothelial function by promoting nitric oxide bioavailability, healthy hemoglobin function, and healthy oxidative stress response.*^{5,6,7} BioFolate® provides biologically active and methylated pure calcium L-5-methyltetrahydrofolate for supporting healthy folate function.*⁸

Cardio Flow also includes magnesium bisglycinate as patented TRAACS™, one of the most absorbable supplemental forms of chelated magnesium on the market. Magnesium is a key cofactor in more than 300 biological processes and may play a role in promoting healthy inflammatory markers in the endothelium as a natural calcium antagonist.*^{9,10,11}

The folate and magnesium in Cardio Flow are complemented with several clinically proven amino acids and herbal ingredients.* Through cardio-metabolic processes, the kidneys change L-citrulline into L-arginine to promote healthy nitric oxide production.*¹² L-arginine is the biological precursor to nitric oxide and helps support healthy blood pressure already in a normal range by promoting healthy vasodilation.*^{13,14}

Beetroot powder is also known to promote healthy nitric oxide function.*^{15,16} Clinical studies have shown beetroot's promising ability to increase in vivo nitric oxide as it relates to healthy heart, vascular, and endothelial function.*¹⁷

The inactivation of nitric oxide may also affect oxidative stress, further altering the function of the endothelium.⁴ Oxidative stress and the resulting accompanying concerns may induce vascular and cardiovascular issues.¹⁸



How Cardio Flow Works Continued

The hibiscus flower powder and taurine in Cardio Flow promote healthy vascular redox homeostasis and nitric oxide bioavailability.^{†19,20,21}

Why Use Cardio Flow?

Cardio Flow is the ideal nutritional supplement for individuals looking for a targeted formula to promote healthy endothelial function and support vascular and heart health.[†] The drink formula is a potent source of antioxidants, vitamins, minerals, phytochemicals, polyphenols, amino acids, flavonoids, and polysaccharides with a host of endothelial health benefits.[†]

Supplement Facts

Serving Size: About 1 Scoop (13 g)

Servings Per Container: About 30

	Amount per Serving	%DV**
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	<1 g	3%*
Folate (as calcium L-5-methyltetrahydrofolate) (BioFolate®)	200 mcg DFE	50%
Calcium	55 mg	4%
Iron	1.3 mg	7%
Magnesium (as magnesium bisglycinate chelate) (TRAACS™)	100 mg	24%
Sodium	45 mg	2%
L-Arginine	3 g	**
Beet Root Powder	2 g	**
Hibiscus Flower Powder	1.5 g	**
Taurine	1 g	**
L-Citrulline	1 g	**

BioFolate® is a federally registered trademark of MTC Industries, Inc.

TRAACS™ is a trademark of Balchem Corp. or Albion Labs.

Other Ingredients: Citric Acid, Inulin, Silica, Calcium Silicate, Natural Flavors, Stevia Leaf Extract, Luo Han Guo Fruit (Monk Fruit) Extract.

Directions: Mix 1 scoop in 8 ounces of water as a dietary supplement or as directed by your healthcare practitioner.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. If you have had a heart attack, consult your physician before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For more information, visit: www.nutridyn.com