



DYNAMIC

# CARDIO FLOW

Nutritional Support for Heart, Vascular,  
and Endothelial Function\*

BERRY

## Dynamic Cardio Flow Supplementation

Dynamic Cardio Flow provides nutritional support for healthy endothelial function by promoting healthy vasodilation.\*<sup>1</sup> By releasing nitric oxide, the endothelium relaxes the vascular smooth muscle cells in vessel walls.<sup>2</sup> Endothelial dysfunction results in the inactivation of nitric oxide and loss of vascular tone.<sup>3,4</sup>

Key benefits of Dynamic Cardio Flow include:

- Promotes endothelial health\*
- Promotes heart health\*
- Promotes vascular health\*
- Promotes healthy inflammatory markers\*

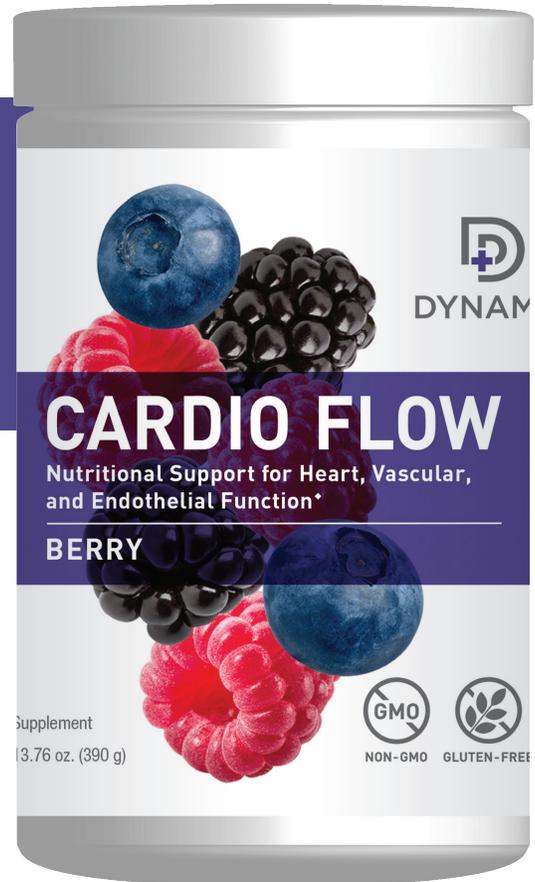
## How Dynamic Cardio Flow Works

The proprietary BioFolate® formula in Dynamic Cardio Flow helps support homocysteine levels critical for healthy endothelial function by promoting nitric oxide bioavailability, healthy hemoglobin function, and healthy oxidative stress response.\*<sup>5,6,7</sup> BioFolate® provides biologically active and methylated pure calcium L-5-methyltetrahydrofolate for supporting healthy folate function.\*<sup>8</sup>

Dynamic Cardio Flow also includes magnesium bisglycinate as patented TRAACS™, which is one of the most absorbable supplemental forms of chelated magnesium on the market. Magnesium is a key cofactor in more than 300 biological processes and may play a role in promoting healthy inflammatory markers in the endothelium as a natural calcium antagonist.\*<sup>9,10,11</sup>

The folate and magnesium in Dynamic Cardio Flow are complemented with several clinically proven amino acids and herbal ingredients.\* Through cardio-metabolic processes, the kidneys change L-citrulline into L-arginine to promote healthy nitric oxide production.\*<sup>12</sup> L-arginine is the biological precursor to nitric oxide and helps support healthy blood pressure already in a normal range by promoting healthy vasodilation.\*<sup>13,14</sup>

Beetroot powder also is known to promote healthy nitric oxide function.\*<sup>15,16</sup> Clinical studies have shown beetroot's promising ability to increase in vivo nitric oxide as it relates to healthy heart, vascular, and endothelial function.\*<sup>17</sup>



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The inactivation of nitric oxide may also affect oxidative stress, further altering the function of the endothelium.<sup>4</sup> Oxidative stress and the resulting accompanying concerns may induce vascular and cardiovascular issues.<sup>18</sup> The hibiscus flower powder and taurine in Dynamic Cardio Flow promote healthy vascular redox homeostasis and nitric oxide bioavailability.<sup>\*19,20,21</sup>

## Why Use Dynamic Cardio Flow?

Dynamic Cardio Flow is the ideal nutritional supplement for individuals looking for a targeted formula to promote healthy endothelial function and support vascular and heart health.<sup>♦</sup> The drink formula is a potent source of antioxidants, vitamins, minerals, phytochemicals, polyphenols, amino acids, flavonoids, and polysaccharides with a host of endothelial health benefits.<sup>♦</sup>

### References:

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# Supplement Facts

Serving Size: About 1 Scoop

Servings Per Container: About 30

Ingredients:	Amount	%DV*
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	<1 g	3%*
Folate (as calcium L-5-methyltetrahydrofolate) (BioFolate®)	200 mcg DFE	50%
Calcium	55 mg	4%
Iron	1.3 mg	7%
Magnesium (as magnesium bisglycinate chelate) (TRAACS™)	100 mg	24%
Sodium	45 mg	2%
L-Arginine	3 g	**
Beet Root Powder	2 g	**
Hibiscus Flower Powder	1.5 g	**
Taurine	1 g	**
L-Citrulline	1 g	**

**Other Ingredients:** Citric Acid, Inulin, Silica, Calcium Silicate, Natural Flavors, Stevia Leaf Extract, Luo Han Guo Fruit (Monk Fruit) Extract.

BioFolate® is a federally registered trademark of MTC Industries, Inc.

TRAACS™ is a trademark of Balchem Corp. or Albion Labs.

**Directions:** Mix 1 scoop in 8 ounces of water as a dietary supplement, or as directed by your healthcare practitioner.

**Caution:** *If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. If you have had a heart attack, consult your physician before use. Keep out of reach of children.*



NON-GMO



GLUTEN-FREE



DAIRY-FREE



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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