



His Vitality

Comprehensive Support for Healthy Male Hormone Balance*

His Vitality is a comprehensive herbal supplement to support healthy male hormone balance for promoting healthy libido, energy, and mood.* Male reproductive hormones have a significant impact on physical, behavioral, and psychological health.¹ A comprehensive herbal supplement can provide the needed antioxidants to support the body from free radicals and balance out male reproductive hormones.*^{1,2}

How His Vitality Works

Drawing upon Traditional Chinese Medicine, Ayurveda, and other cultural medicinal practices, His Vitality provides potent support for healthy male sexual function and libido.*³ Ginkgo leaf extract, orchic substance, tribulus seed extract, muira puama bark extract, and black pepper fruit extract work synergistically to promote healthy testosterone levels and stimulate blood circulation.*^{1,3,4}

His Vitality also contains adaptogens providing herbal support for increased energy and mood.* Adaptogens help support adrenal functions and the body's reaction to stressors. Eleuthero root extract, ashwagandha, and maca root each support general well-being and balance within the body in order to support energy.*^{3,5,6}

Ayurvedic medicine has long used forskolii root extract and ashwagandha to help support mood impacted by male hormonal changes.*^{2,6} Studies show that forskolii root extract increases testosterone levels to support positive mood.*² The sitoindoside and acylsterylglucoside constituents in ashwagandha also work to balance moods.*⁶

A complex of amino acids including, zinc, selenium, manganese, and L-arginine, round out the formula providing a critical role in hormonal secretion and intracellular signaling by promoting healthy protein and testosterone balance.*^{7,8,9}

His Vitality Supplementation

The ingredients in His Vitality are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy male hormone balance.*

Clinical evidence and research cited herein show that the ingredients in His Vitality may:

- Support increased libido*
- Promote higher energy levels*
- Support balanced moods*
- Support healthy hormone function*



Form: 90 Capsules

Serving Size: 3 Capsules

Ingredients	Amount	%DV
Zinc (as zinc amino acid chelate)	50 mg	455%
Selenium (as l-selenomethionine)	200 mcg	364%
Manganese (as manganese ascorbate)	30 mg	1,304%
Maca Extract (root; <i>Lepidium meyenii</i>)	900 mg	**
L-Arginine	225 mg	**
Ginkgo Extract (leaf; <i>Ginkgo biloba</i> ; standardized to 24% flavonol glycosides, 6% terpenolactones)	180 mg	**
L-Methionine	150 mg	**
Eleuthero Extract (root; <i>Acanthopanax senticosus</i> ; standardized to 0.8% eleutherosides)	150 mg	**
Orchic Substance (porcine)	150 mg	**
Ashwagandha Extract (root; <i>Withania somnifera</i> ; standardized to 5% withanolides)	90 mg	**
Forskohlii Extract (root; <i>Coleus forskohlii</i> ; standardized to 20% forskolin)	90 mg	**
Tribulus Extract (fruit; <i>Tribulus terrestris</i> ; standardized to 45% saponins)	75 mg	**
Muira Puama Extract (bark; <i>Muira puama</i>)	75 mg	**
Black Pepper Extract (fruit; <i>Piper nigrum</i> ; standardized to 95% piperine) (BioPerine®)	15 mg	**

Other Ingredients:

Hypromellose, vegetable magnesium stearate.

BioPerine® is a registered trademark of Sabinsa Corporation.

Directions:

Take three capsules daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



NON-GMO



PRODUCED IN A cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

References:

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9. Bedwal, R. S., & Bahuguna, A. (1994). Zinc, copper, and selenium in reproduction. *Experientia*, 50(7), 626-640.