



Liposomal C

Bioavailable Vitamin C
for Antioxidant Support*

Liposomal C is a liquid formula that harnesses the power of revolutionary liposomal technology to deliver pure vitamin C to targeted areas in the body. Vitamin C is crucial for supporting healthy oxidative stress response, energy production, and immune function.*^{1,2} It is also necessary for the proper formation of neurotransmitters.* In addition, recent research suggests that supplemental vitamin C supports nervous system function and healthy cortisol rhythms.*

How Liposomal C Works

Vitamin C plays numerous roles in our body, but it primarily acts as an antioxidant, an electron donor that neutralizes free radicals and promotes healthy oxidative stress response.* This, in turn, supports healthy cellular energy production, which has a ripple effect on multiple systems within the body.*

It is well known that vitamin C promotes healthy immune function.* Our white blood cells are our immune cells, and vitamin C levels are 10 times higher in our white blood cells than in other cells.³ These white blood cells play a critical role in producing interferon and phagocytes needed for a healthy immune system.*⁴ Research suggests that our vitamin C levels decrease when the immune system is under stress making vitamin C supplementation essential for optimal health.*⁴

Vitamin C also plays a role in supporting the central nervous system and myelin production.* It helps modulate several neurotransmitters, including the cholinergic, catecholaminergic, and glutamatergic systems vital to neuronal integrity.*⁵ Research findings suggest that vitamin C is imperative for supporting neuronal differentiation and maturation, as it appears to increase brain-derived neurotrophic factor (BDNF), a peptide that contributes to cell survival and replication.*⁶

Vitamin C also appears to increase catecholamine synthesis by acting as a co-substrate for enzymes that help form dopamine and noradrenaline.*⁷ Other research has shown that vitamin C can promote balanced cortisol levels by supporting healthy catecholamine synthesis.*⁸

Additionally, vitamin C is a cofactor in multiple enzymatic reactions, including synthesizing collagen, a key component of healthy connective tissues, and carnitine, a nutrient needed for healthy energy production.*^{9,10}

The liposomal technology used to formulate Liposomal C gives it superior bioavailability and makes it easier than ever to obtain this



Form: Liposomal Liquid

Serving Size: About 1 Teaspoon (5 mL)

Ingredients	Amount	%DV
Vitamin C (as sodium ascorbate)	1,000 mg	1,111%
Sodium (as sodium ascorbate)	124 mg	5%

Other Ingredients:

Purified water, glycerin, natural lemon flavor, non-GMO sunflower lecithin, organic cane alcohol, stevia leaf extract.

Directions:

Shake well. Take one teaspoon (5 mL) daily or as directed by your healthcare practitioner.

Caution: If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A
cGMP FACILITY

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

critical antioxidant.♦ In traditional forms of supplemental vitamin C, bioavailability is limited by how much the intestines and kidneys can absorb. Liposomal C goes straight into the bloodstream where it can quickly and effectively be absorbed.♦

Liposomal C Supplementation

The ingredients in Liposomal C are congruous with what research suggests to be effective and safe, particularly for antioxidant support throughout the body.♦

Additional benefits include:

- Supporting healthy oxidative stress response♦
- Promoting healthy immune function♦
- Promoting healthy nervous system function♦
- Supporting collagen synthesis♦
- Promoting healthy cognitive function♦
- Supporting neuronal integrity♦
- Supporting healthy cortisol balance♦

References:

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