

# Liposomal Glutathione

Bioavailable Antioxidant  
and Detox Support\*

Every day the body works to defend itself from free radicals, the unstable atoms that may accelerate aging, cause cellular damage, and lead to compromised health. However, inside nearly every cell is a tripeptide known as glutathione that plays a key role in antioxidant health.\*

Glutathione contains the amino acids cysteine, glycine, and glutamic acid. It is involved in metabolic reactions affecting every system in the body, especially the nervous system, immune system, and gastrointestinal system.

## How Liposomal Glutathione Works

In addition to providing protection from toxins, studies show glutathione is critical for maintaining health as we age and that glutathione levels decrease with age.\*<sup>1</sup> Supplementing with Liposomal Glutathione helps maintain proper concentrations of glutathione in the body.\*

Glutathione depletion is a strong indicator of oxidative stress in the body and may lead to cell death and impairment.\*<sup>2</sup> One functional aging study on elderly adults discovered that higher blood glutathione levels were associated with higher levels of self-rated health and well-being, fewer health issues, lower blood pressure, lower body mass index, and more physical activity.\*<sup>3</sup>

The liposomal technology used to formulate NutriDyn's Liposomal Glutathione makes it easier than ever to maintain this essential antioxidant with its superior bioavailability.\* Liposomes are double-layered spheres containing nutrients that can withstand harsh digestive elements to deliver targeted nutrients to precise areas of the body.

## Liposomal Glutathione Supplementation

Fighting free radicals with antioxidants is essential for a lifetime of good health.\* Liposomal Glutathione supports antioxidant health and glutathione levels in the body.\* Each serving of Liposomal Glutathione is designed to help you protect your cells from oxidative damage and the daily onslaught of free radicals.\*

Additional benefits include:

- Supports antioxidant health\*
- Supports healthy glutathione levels\*
- Promotes healthy metabolic reactions\*
- Promotes healthy nervous system function\*
- Promotes healthy immune system function\*
- Promotes healthy gastrointestinal system function\*



**Form:** Liposomal Liquid

**Serving Size:** 1 Dropper (1 mL)

Ingredients	Amount	%DV
L-Glutathione (reduced)	100 mg	*

### Other Ingredients:

Purified water, glycerin, natural strawberry watermelon flavor, non-gmo sunflower lecithin, stevia leaf extract, potassium sorbate.

### Directions:

Shake well. Take one full dropper (1 mL) 2-4 times daily or as directed by your healthcare practitioner.

**Caution:** *If you are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.*



GLUTEN-FREE



DAIRY-FREE



VEGETARIAN



NON-GMO



PRODUCED IN A  
cGMP FACILITY

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**References:**

1. Pizzorno J. Glutathione! *Integr Med (Encinitas)*. 2014;13(1):8-12.
2. Mytilineou C, Kramer BC, Yabut JA. Glutathione depletion and oxidative stress. *Parkinsonism Relat Disord*. 2002;8(6):385-387.
3. Julius M, Lang CA, Gleiberman L, et al. Glutathione and morbidity in a community-based sample of elderly. *J Clin Epidemiol*. 1994;47(9):1021-1026.