# **NutriDyn**<sub>®</sub>

## **Testro Balance**

Micronutrient and Herbal Support for Healthy Testosterone Balance\*

### **Testro Balance Supplementation**

Testro Balance is an evidence-based formula providing highly bioavailable micronutrients, polyphenols, phytosterols, and key herbal extracts that help support testosterone and androgen balance in the body. Proper testosterone balance is key for supporting healthy mood, libido, vitality, energy levels, reproductive processes, and a multitude of other functions in the body.

Low testosterone (and sex hormone imbalances) may bring about a variety of health issues, such as mood swings, lack of motivation, general fatigue, brain fog, and low libido. Testro Balance is formulated to provide the right nutrients for supporting healthy testosterone/androgen metabolism and balance.\*

Testro Balance is a comprehensive nutritional supplement for those looking to support their testosterone balance and endocrine function with evidence-based herbal extracts, phytosterols, polyphenols, and micronutrients. Denefits of Testro Balance may include:

- Support for healthy testosterone & androgen balance\*
- Support for healthy endocrine function<sup>†</sup>
- Provides a high antioxidant capacity











NON-GMO

cGMP FACILITY

#### **How Testro Balance Works**

Testosterone is the primary androgen (male sex hormone) in humans. As men age past their 30s, testosterone production tends to decline naturally, which can result in a lower quality of life if levels drop significantly. Testro Balance features a carefully crafted spectrum of essential bioavailable micronutrients, phytosterols, polyphenols, and key herbal extracts that can help support testosterone balance and endocrine function.

#### Testosterone-Supporting Herbal Extracts and Soybean Extract

Testro Balance contains soybean extract, turmeric root extract, olive leaf extract, and green tea leaf extract to support testosterone balance and endocrine function. Research suggests that the isoflavones, catechins, curcuminoids, and oleanolic acid in these herbal extracts support testosterone balance by acting on enzymes in the body that help metabolize androgens. 1,2,3,4,5

#### **How Testro Balance Works Continued**

These extracts contain compounds that are also well-known for supporting human health and longevity, particularly by encouraging healthy cardiovascular and immune function. 6,7

#### Polyphenols, Betaine, & Phytosterols

Flaxseed lignans, betaine, and phytosterols in Testro Balance work synergistically with the herbal extracts to promote a healthy balance of testosterone and testosterone precursors, such as dehydroepiandrosterone (DHEA). • 8,9

#### Bioavailable Micronutrients

Testro Balance is rounded out with a comprehensive blend of testosterone-supporting bioavailable micronutrients, such as lycopene, zinc citrate, selenomethionine, and cholecalciferol (vitamin D3).<sup>10,11</sup> These micronutrients also work throughout the body in myriad metabolic processes, being particularly crucial for healthy immune, prostate, and cardiovascular function.<sup>4</sup> <sup>12,13</sup>

#### **Supplement Facts** Serving Size: 1 Capsule Servings Per Container: 60 **Amount Per Serving** %DV\* **Amount Per Serving %DV\*** Vitamin D3 (as cholecalciferol) 9.38 mcg 47% Betaine (as betaine HCI) 37.5 mg Vitamin B6 15 mg 882% Flax Seed Lignans (from flaxseed 25 mg (as pyridoxal 5'-phosphate) extract; seed; Linum usitatissimum) Folate (as calcium I-5-methyl-333 mcg DFE 83% Olive Extract (leaf; Olea europaea; 5 mg tetrahydrofolate) (BioFolate®) standardized to 15% oleuropein) Vitamin B12 (as methylcobalamin) 15 mcg 625% 5 mg Lycopene 2.5 mg 22% Zinc (as zinc citrate) Selenium (as I-selenomethionine) 100 mcg 182% **Other Ingredients:** Hypromellose, vegetable magnesium stearate, silica. Green Tea Extract (leaf: Camellia 167 mg BioFolate® is a federally registered trademark of MTC Industries, Inc. sinensis; standardized to 98% Contains: Soy. polyphenols, 75% catechins, and 45% EGCG) **Directions:** Take one capsule daily with food or as directed by Turmeric Extract (root; Curcuma longa; 79 mg your healthcare practitioner. standardized to 95% curcuminoids) Caution: If you are pregnant, nursing, or taking medication, Soybean Extract 62.5 mg consult your healthcare practitioner before use. Keep out of (standardized to 40% isoflavones) reach of children. Phytosterols (containing 40%) 50 mg beta-sitosterol and other plant sterols)

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<sup>\*</sup> These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.