



Vitamin C 500 Bio Complex

Citrus Bioflavonoid Complex
Antioxidant and Immune System Support*

Vitamin C 500 Bio Complex Supplementation

Vitamin C 500 Bio Complex is a synergistic blend of vitamin C and citrus bioflavonoid complex to support healthy immune system function.* Citrus bioflavonoids provide phytonutrients vital for the proper absorption of vitamin C.*¹ Together, these two ingredients provide powerful antioxidants and support for overall health.*²

The ingredients in Vitamin C 500 Bio Complex are dosed in a manner that is congruous with what research suggests to be effective and safe, particularly for supporting healthy immune function.*

Clinical evidence and research cited herein show that the ingredients in Vitamin C 500 Bio Complex may:

- Support healthy immune system function*
- Support the body from oxidative stress and free radical insult*
- Support blood circulation*

How Vitamin C 500 Bio Complex Works

Each serving of Vitamin C 500 Bio Complex features an evidence-based dose (500 mg each) of vitamin C and citrus bioflavonoid complex. Vitamin C is widely known to support immune system health, and the addition of bioactive plant compounds further enhances its effects at a cellular level.*³ The result is a potent antioxidant and immune function formulation.*^{4,5}

Research suggests that citrus bioflavonoids support normal blood flow and capillary permeability due to the anti-inflammatory nature of these phytonutrients.*⁶ By oxygenating tissues, the blood is circulating, maintaining a healthy blood pressure already in the normal range, and the immune system is properly supported.*⁷

Vitamin C is an essential nutrient required for the overall health and functionality of the immune system.* Deficiencies result in susceptibility to infections by weakening the T-cell-mediated immune response and adaptive antibody response.*⁸ Research suggests that supplementation with vitamin C supports immune system function and redox integrity of cells.*⁹



For more information, visit: www.nutridyn.com

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90/270

	Amount Per Serving	%DV*
Vitamin C (as ascorbic acid)	500 mg	556%
Citrus Bioflavonoid Complex (standardized to 50% bioflavonoids)	500 mg	**

Other Ingredients: Cellulose, microcrystalline cellulose, vegetable stearic acid, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide, aqueous coating.

Directions: Take one tablet daily or as directed by your healthcare practitioner.

Caution: If pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

References:

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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