

48-Hour Nutrition Certificate Program

Learn to provide nutritional
counseling to your patients.

Sept. 19-20, 2015
Oct. 24-25, 2015
Nov. 21-22, 2015
Dec. 12-13, 2015



Meet Our Instructor:

Robert Rakowski, DC, CCN,
DABCN, DIBAK

Dr. Rakowski is a doctor of chiropractic, certified nutritionist, certified biological terrain instructor, graduate of Applying Functional Medicine to Clinical Practice, and the clinic director of the Natural Medicine Center in Houston, Texas.

- Lectures nationally and internationally to health professionals
- Appears on television and radio as an expert on natural medicine
- Clinical experience ranges from critically ill patients to elite professional athletes

nwhealth.edu

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Online registration coming soon!

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Presented by



and



48-Hour Nutrition Certificate Program

Expand your skill set and grow your practice!

The 48-hour Nutrition Certificate explores the fundamentals of nutritional medicine, the newest data on lifestyle, and advanced protocols for disease prevention and non-drug treatment options.

The program consists of four, 12-hour weekend sessions. You may take one or all sessions. Hours from the program apply toward the Nutrition Diplomate and the Certified Clinical Nutritionists (CCN) program offered by the Clinical Nutrition Certification Board. The full program also **fulfills the educational requirements of the Wisconsin Chiropractic Examining Board.**



Register for the full program and save \$147.

Session 1 Sept. 19-20, 2015

Nutrition counseling, initial screen and nutrition physical exam; diet history-taking; lab data analysis; symptoms of severe vitamin or nutrient deficiencies; toxicity of excess supplementation; macronutrient needs and symptoms of deficiencies; vitamin or dietary reference intakes; mineral or metal needs; and, the biochemistry of essential and non-essential nutritional supplements.

Session 2 Oct. 24-25, 2015

Codex Alimentarius Commission; dietary supplement Health and Education Act of 1994 and related regulations; etiology of organ system dysfunction; internal medicine diseases and conditions; efficacy, safety, risks and benefits of glandular products, chelation therapy and therapeutic enzymes; contraindications, side effects and toxic effects of botanicals, nutritional supplements and diet products; and, fiber needs.

Session 3 Nov. 21-22, 2015

Supplements and nutrition; therapeutic uses of botanical medicine; food compositions and food as a vitamin source; and, weight management and control.

Session 4 Dec. 12-13, 2015

Sports nutrition, endurance, body building and exercise physiology; nutrition across the life cycle; nutrition relating to infants, pregnancy and lactation; food, drug and nutritional supplement interactions; and, safety and efficacy of nutritional supplementation.

Program Information

Northwestern Health Sciences University
2501 W. 84th St., Bloomington, MN 55431
Questions: 800-888-4777 x446 or continuinged@nwhealth.edu

48-Hour Nutrition Certificate Program

Dates: Sept. 19-20, 2015; Oct. 24-25, 2015; Nov. 21-22, 2015; Dec. 12-13, 2015

Times: Sat., 1 p.m. – 7 p.m.; Sun., 8 a.m. – 2 p.m.

Hours & Approval: Up to 48 hours for chiropractors in MN, IA, ND, SD and WI.

If traveling, call the Hilton Bloomington Hotel at (952) 893-9500. Mention Northwestern for a discount and to arrange complimentary shuttle service to the campus.

Registration **Limited enrollment – register early!**

Full name: _____

Office address: _____

City/State/Zip: _____

Office phone: _____ Office fax: _____

Date of birth: _____ Email: _____

State of license: _____ License #: _____

Profession (please circle): DC MT AC Other: _____

Tuition Options

☐ \$849 Full Program

☐ \$249 per session: ☐ Session 1 ☐ Session 2 ☐ Session 3 ☐ Session 4

Tuition total: \$ _____

Payment Options

☐ Check made payable to Northwestern Health Sciences University

☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Card #: _____ Exp. date: _____

Security code: _____ Signature: _____

(3- or 4-digit code)

Online: nwhealth.edu (sorry, American Express not available online)

Credit card registration: Fax: 952-881-3028 Phone: 800-888-4777 x446

Check and registration form by mail: 2501 West 84th St., Bloomington, MN 55431