

**Sleep Well.
Live Well.**



NutriDyn®

Nutritional Support for Restful Sleep*

Insomnia affects nearly one-third of the adult US population, causing significant economic, behavioral, and social issues. Herbal remedies may support restful sleep with fewer side effects than conventional approaches.* GoodNight and TonicSea Liposomal Sleep optimize the body's natural sleep mechanism by supporting healthy melatonin function and promoting relaxation.*

- Are you looking for a safe and effective way to fall and stay asleep through the night?*
- Are you looking for a non-habit forming way to relax and support healthy circadian rhythms?*

NutriDyn GoodNight

GoodNight is an herbal formulation to promote restful sleep.* A comprehensive blend of sleep-supporting vitamins, herbs, and amino acids helps promote decreased sleep onset and healthy sleep quality.* By using GABA receptors and inhibiting the synthesis of neurotransmitters involved in the central nervous system, GoodNight promotes healthy sleep patterns.*



TonicSea Liposomal Sleep

Liposomal Sleep by TonicSea is a liposomal formula that promotes a restful, relaxed state and relief from occasional sleeplessness by supporting healthy melatonin function and promoting relaxation.* Liposomal Sleep combines a specialized blend of ingredients with liposomal technology to help the body support and promote natural sleep cycles.*



Talk to your practitioner to learn more.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.