# NutriDyn Cardioauxin® BP

Lipid and Blood Pressure Support\*

NutriDyn Cardioauxin<sup>®</sup> BP is a unique formula that provides sustained-release nutrients to support the cardiovascular system and healthy blood pressure. Scientific research corroborates that there is a connection between high levels of oxidative stress in the body and heart failure – one of the leading causes of death in the US. Furthermore, when blood lipids and blood pressure are constantly elevated, risk of cardiovascular disease and other vascular complications increase.<sup>+</sup>

Cardioauxin<sup>®</sup> BP contains key micronutrients that have high antioxidant capacity and support healthy blood lipid levels.<sup>+</sup> In addition, Cardioauxin<sup>®</sup> BP contains patented ingredients that may support healthy blood pressure.<sup>+</sup>

Read on to learn more about the ingredients in Cardioauxin<sup>®</sup> BP and how they work in the body to support overall cardiovascular health.<sup>•</sup>

## How Cardioauxin® BP Works

Phytosterols are plant-derived steroids structurally similar to cholesterol that belong to two classes – stanols and sterols. Though quite similar in chemical structure to the cholesterol we produce in our bodies, phytosterols are minimally absorbed from the small intestine and do not enter our bloodstream.

In fact, numerous studies have demonstrated that phytosterols actually impede the absorption of dietary cholesterol and cholesterol produced in the liver. Thus, the American Heart Association recommends the use of phytosterols to support healthy cholesterol levels. Note that the phytosterols in Cardioauxin<sup>®</sup> BP are designed for immediate absorption into the digestive tract and should be taken prior to meals so as to maximize their cholesterol-lowering properties.<sup>+</sup>

Patensin<sup>®</sup> pantethine is a patented form of biologically active vitamin B5. Many supplements rely on pantothenic acid as a form of vitamin B5, which is less stable and susceptible to degradation in the body. Clinical trials suggest that pantethine supplementation helps maintain heart-healthy lipid levels already within the normal range.<sup>+</sup>

Niacin (nicotinic acid/vitamin B3) is an essential micronutrient in humans that appears to support healthy cholesterol levels already within the normal range.<sup>•</sup> Research suggests that niacin acts to reduce the availability of free fatty acids for the liver to produce triglycerides and other lipids.

Cardioauxin® BP also contains policosanol – a group of alcohols extracted from plant waxes that react to obtain healthy lipid profiles. Research indicates that policosanol inhibits the early steps of cholesterol synthesis in the body. Thus, policosanol rounds out the Cardioauxin® BP formula to support healthy blood lipid profiles.\*

*Monascus purpureus* is special strain of red yeast rice that is significantly more potent than other strains of this particular yeast.<sup>•</sup> Research suggests *Monascus purpureus* produces a number of chemicals in the body which act to promote healthy blood lipid levels. In turn, the red yeast rice in Cardioauxin<sup>®</sup> BP helps to support healthy blood lipid profiles.<sup>•</sup>

MegaNatural<sup>®</sup>-BP<sup>™</sup> is a patent-pending grape seed extract. Grape seeds contain a highly-potent class of antioxidants – called proanthocyanidins – which have been shown to promote blood flow by supporting nitric oxide production and may also support healthy blood pressure levels.<sup>+</sup>

# Cardioauxin<sup>®</sup> BP Supplementation

The most relevant researched-backed benefits derived from supplementation with Cardioauxin $^{\circ}$  BP include:

- Supports cardiovascular function\*
- Supports healthy blood pressure levels\*
- Supports healthy blood lipid profiles



## Form: 60 Packets Serving Size: 1 Packet

Ingredients	Amount	%DV
Cardioauxin®		
Niacin (as nicotinic acid)	400 mg	2000%*
Pantesin <sup>®</sup> Pantethine <sup>†</sup>	400 mg	**
Phytosterols	500 mg	**
Policosanol	20 mg	**
Red Yeast Rice		
Red Yeast Rice [Monascus purpureus (seeds	)] 600 mg	**
MegaNatural <sup>®</sup> -BP™		
Grape ( <i>Vitis vinifera</i> ) Seed Extract <sup>++</sup>	150 mg	**

### Other Ingredients:

Cardioauxin®: Carnauba wax, stearic acid (vegetable source), and silica.

Red Yeast Rice: Gelatin (capsule), microcrystalline cellulose, magnesium stearate (vegetable source). MegaNatural®-BP™: Rice flour, magnesium stearate (vegetable source), and gelatin.

<sup>†</sup> as Pantesin<sup>®</sup> a registered trademark of Daiichi Fine Chemical Co., Ltd.

<sup>++</sup> as MegaNatural<sup>®</sup>-BP<sup>TM</sup>. MegaNatural<sup>®</sup>-BP<sup>TM</sup> and its logo are trademarks of Constellation Wines U.S., Inc.

#### **Directions:**

Take one packet with main meal each day as a dietary supplement, or as directed by your healthcare practitioner. For best results, take the Red Yeast Rice (larger reddish brown capsule) immediately before the meal, and the Cardioauxin<sup>®</sup> (2 tablets) and MegaNatural<sup>®</sup>-BP<sup>™</sup> (smaller brown capsule) with the meal.

Caution: Temporary flushing, itching or warming of the skin may occur. If you have gout, diabetes, liver dysfunction, or are pregnant, nursing, or taking medication, consult your healthcare practitioner before use. Keep out of reach of children.

Warning: Do not use if you are taking prescription statin drugs.



GLUTEN-FREE DAIRY-FREE



 These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.