

**Worry Less,  
Live More**



NutriDyn™

# Nutritional Support for Stress Management\*

Clinical research shows that managing the body's stress response is critical for overall health. NutriDyn offers comprehensive, evidence-based formulas to help you manage stress in your daily life to promote overall health and well-being.\*

- Are you looking for an effective way to support healthy stress response?
- Are you getting the right nutrients to promote rest, relaxation, and tranquility?

## Stress Essentials Serenity

Stress Essentials Serenity helps promote a healthy response to stress.\* Chronic stress can potentially lead to serious conditions with negative impacts on the nervous, cardiovascular, respiratory, digestive, metabolic, and endocrine systems. Supplementation with Stress Essentials Serenity helps support relaxation for overall health and well-being.\*



## Calm Eze

Calm Eze is formulated with L-theanine and gamma-aminobutyric acid (GABA). When GABA levels increase in the brain, so do alpha waves causing relaxation and a decrease in beta waves causing anxiety to decrease too.\* Supplementation with Calm Eze helps support rest and tranquility for overall health and well-being.\*



Talk to your practitioner to learn more.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.