

Don't worry, be happy.



NutriDyn

Targeted Support for Stress Management

Let's face it, stress is a part of life. Over time, this can have deleterious effects on your health if it's not properly managed. In fact, estimates suggest that over 65% of adults deal with chronic stress. This is where Serenagen[®], Adreset[®], and Calm Eze can help — three natural supplements containing evidence-based ingredients that support relaxation and manages stress.*

- *Are you suffering from ongoing stress that is hindering your well-being?*
- *Are you looking for effective natural nutritional supplements to help manage stress?*



Serenagen[®]

Serenagen[®] is a classic herbal stress management product formulated according to traditional Chinese medicine (TCM). This potent blend contains 12 herbs that help support calmness, relaxation, and ease tension.*



Adreset[®]

Healthy adrenal gland function is crucial for managing stress. Adreset[®] provides key herbal extracts from Asian ginseng, cordyceps mycelium, and rhodiola that help manage stress and fatigue.*



Calm Eze

Calm Eze is formulated with L-theanine (from Suntheanine[®]) and gamma-aminobutyric acid (GABA), two ingredients that act as natural anxiety-blockers by supporting healthy levels of GABA in the brain.* When GABA levels increase in the brain, excitability decreases and relaxation ensues. Research suggests that GABA supplementation also increases alpha waves and decreases beta waves in the brain, thereby supporting calmness.*

Talk to your practitioner to learn more.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.