



Relax. Recharge. Renew.

With Stress Support That Works!



Talk to your practitioner to learn more.



As the year comes to an end, stress has a tendency to pile up. Manage yours effectively with our Stress Essentials duo: Stress Essentials Relax and Stress Essentials Calm.♦

Stress Essentials Relax

Stress Essentials Relax balances neurotransmitters in the brain to help reduce stress, improve mood, and support overall well-being, making it easier to manage daily challenges and maintain mental clarity.♦

Product Benefits:

- Supports healthy GABA-glutamate balance.♦
- Supports relaxation and tranquility.♦
- Supports cognitive function and a healthy mood.♦

Stress Essentials Calm

Stress Essentials Calm combines L-theanine (Suntheanine®) and GABA to help manage stress, support cognitive function, and improve sleep quality, making it an ideal choice for ongoing stress management.♦

Product Benefits:

- Supports relaxation, balance, and mental clarity.♦
- Promotes restful sleep.♦
- Supports healthy cognitive and immune function.♦

For more information, visit **nutridyn.com**

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.